

11/15/2012

Volume 1, Issue 2

The Duvall Digest

Growing and Giving: Duvall's Garden Project

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Special points of interest:

- Community Service Work Continues: Workers from Duvall will be working on a clean-up project on east 10th Street on 11/20/2012.
- MCCC is currently collecting non-perishable food items for the families at the Holy Family Shelter, an emergency shelter for homeless families.
- Duvall Residents can receive free and confidential STD/HIV testing through Indianapolis Urban League. The next onsite testing is 11/19/2012.



During the Spring of 2012, residents of Duvall Residential Center began work on a garden project which would be used to help feed those in need. After much hard work preparing the rocky soil, the residents successfully planted numerous types of vegetables including

peppers, cucumbers and squash. Residents worked daily in the summer heat tending to the garden and eventually harvesting the vegetables.

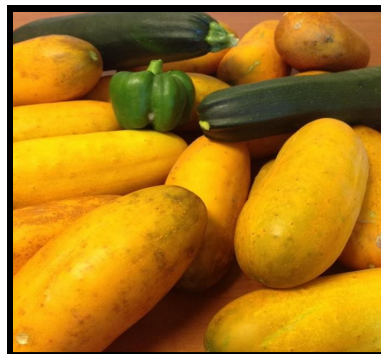
The garden proved to be quite the success, yielding large amounts of some enormous veggies!

Some of the crop was used for a special meal for those who worked hard on the project, but most were donated to our neighbors in need. Pearl Johnson, a neighbor of Duvall (pictured above), gladly took numerous baskets of vegetables and used them to provide for those in need in our neighborhood.



We would like to extend our sincere gratitude to her for her contributions and service to our community.

Now that gardening season is over, Duvall staff and residents are already planning for next year's garden. Plans are in place to triple the current size so that we can assist our community by being able to help feed more of our neighbors in need. If anyone would like more information or to assist in distribution of food items, please contact: Chris Morrison at 327-2500.



Programming at Duvall: THINKING FOR A CHANGE

Duvall Residential Center provides a number of helpful programs for our residents. This issue we have included a brief overview of one of these programs: Thinking For A Change 3.1

Thinking for A Change (T4C) is an integrated, cognitive behavioral change program designed for offenders. It was developed by the National Institute of Corrections (NIC) and introduced in 1998. T4C combines cognitive restructuring theory with cognitive skills theory to create an innovative and integrated curriculum designed to help individuals in the juvenile and adult justice systems take control of their lives by taking control of their thinking.

Since its inception T4C has been the subject of many studies and has routinely proven to be effective in reducing recidivism when implemented with integrity. T4C is considered to be an Evidence Based Practice (EBP) because of the formal research studies that have verified its effectiveness.

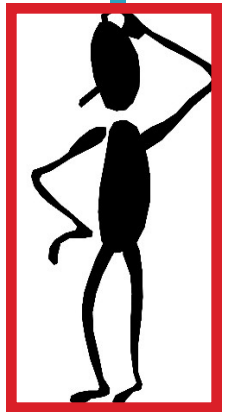
The three components of Thinking for a Change are: cognitive self-change, social skills, and problem solving skills. Cognitive self-change teaches individuals a concrete process for self-reflection aimed at uncovering antisocial thoughts, feelings, attitudes, and beliefs. Social skills instruction prepares group members to engage in pro-social interactions based on self-understanding and consideration of the impact of their actions on others. The problem solving skills component integrates the two previous interventions to provide group members with an explicit step-by-step process for addressing challenging and stressful real life situations while at the same time considering the effect of their actions on others.

Thinking For a Change Version 3.1 is currently being facilitated at Duvall Residential Center.

- Vicki Crabb, MCCC Program Specialist

PROBLEM SOLVING SKILLS

- **Skill 1** - Stop and Think
- **Skill 2**- State the Problem
- **Skill 3** - Set a Goal and Gather Information
- **Skill 4** - Think of Choices and Consequences
- **Skill 5** - Make a Plan
- **Skill 6** - Do and Evaluate



Staff Spotlight

Leona Woodson

Duvall Community Supervision Manager

In each installment of the Duvall Digest, we will have a "Staff Spotlight" to find out a little bit more about the great people we work with.

How long have you worked here and what is your role with MCCC?

2 ½ years, Community Supervision Manager.

What do you enjoy most about your job?

What I enjoy about my job is helping assist the residents to help them meet their goals in re-entering into society, by gaining employment, receiving further education, and completing programs (SAT, T4C, Parenting, and Anger Mgt). I also enjoy being around my friendly and helpful co-workers.

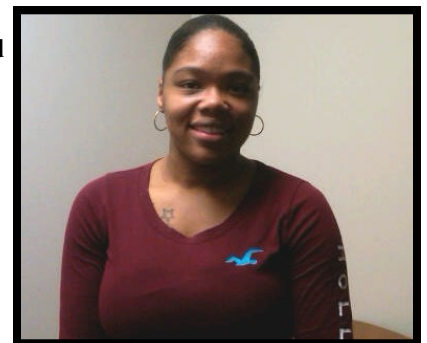
What do you like to do outside of work?

I like spending time with my

family, going to church, shopping, playing basketball and watching basketball.

What is your favorite app and why? What is your favorite movie?

My favorite App is Pandora. My favorite movie is Soul Food.



Community Corner: The John H. Boner Center

The residents at Duvall Residential Center are all in the process of working on their re-entry to the community. Many times they encounter barriers that can make their re-entry more difficult. Duvall Center case management staff are in place to assist in overcoming these barriers, but often more assistance is needed. In those instances, we rely on outside agencies such as the John H. Boner Center to provide additional assistance to our residents. We are happy to partner with the John H. Boner Center and wanted to offer our readers a chance to learn more about them. *(Article below by Duvall Community Supervision Manager Julie Otis)*



The John H. Boner Center is a community organization located on the east side of Indianapolis whose primary focus is to “improve the quality of life for both families and individuals”. The Center was founded by John Boner and Dick Moore, originally called the Near Eastside Multi-Service Center. They started with a card table and 2 folding chairs set up in an office on E. 10th St. Now, the Center is a multi-service organization that helps support the surrounding neighborhood through the use of success-driven programs and services. Clients facing financial and employment challenges are encouraged to work one-on-one with an employment specialist and financial coach. Job Club, held once a month, provides access and eligibility for the following:



Career and Employment Assistance - career coaching, professional clothing, transportation

Financial Education and Coaching – spending plans, budget keeping skills, IDA Savings Accounts
Savings & Asset Development – Education & Individual Development Plans
Life Coaching – “Getting Ahead In A Just Getting By World” Workshop

Clients who successfully complete Job Club earn a 31-Day bus pass and the possibility for employment referrals. Participants are also given a binder with the week’s material and assignments.

The Boner Center is also home to several other organizations targeting the family and individual life support. Children and Youth Services include the 21st Century Community Learning Center, Parents as Teachers and a programming collaboration between the Boner Center and Indianapolis Public Schools. The Center also owns, operates, and manages nearly 200 units of housing available to those in need. Additionally, the Boner Center also operates a Senior Center and Elder Alternative Adult Day Center that engages adults 60 years and older in wellness

activities and provide health care services to adults 18 years and older with physical impairments. For more information visit: <http://jhbcc.org>



Congratulations to Resident Elvis Brown and his wife, Tamra Brown, who were married by Chaplain Rondle Brewer at Duvall Residential Center on 11/2/2012. Best wishes to the happy couple!

The Mission of Marion County Community Corrections is to enhance public safety by raising offender accountability through the use of evidence based practices and interventions

Quonset Hut Update!

Marion County Community Corrections is proud to announce that the Quonset hut on Ludlow Avenue has been painted! We are happy to help make the East Side of Indianapolis look a little bit nicer. Check out the before and after pictures below.



Before

AFTER



Until Next Time...

I'd like to thank you for taking the time to read about the happenings in and around our facility. We are proud of what we do inside and outside of the Center. Whether it is a hardworking case manager assisting a resident with obtaining employment, referring a client to a literacy class, monitoring resident compliance of Court Orders, or picking up litter along our neighborhood streets, it is all done with the goal of improving our community. We want to provide a safer community for the citizens of Marion County, and we want all of our clients to be able to have a successful re-entry. It is our Vision and Mission.

There is always a lot happening around the facility, and the new year will be no different. I look forward to updating everyone of the new happenings in the next issue of the Duvall Digest. Please feel free to contact me directly with any comments, questions, or concerns.

Sincerely,

Chris Morrison - Duvall Residential Center Director

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